

Knitted Heart Pattern

By Louise Bollanos



Skill Level



Easy / Facile / Fácil



About This Pattern

This simple heart pattern is knit in two pieces and stitched together with stuffing inside.

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Notes

- **Finished Size** - The finished heart when stuffed is around 6.5cm high x 6.5cm wide.
- **Knit Flat** - The heart is worked flat (knitting back and forth) on straight needles.
- **Gauge** - Don't worry too much about gauge for this pattern. The gauge of the heart I made is 4 sts/ 6 rows in 1 inch.
- **Cast on** - You can cast on using the thumb method or long-tail cast on for this project.
- **The seams** - use the mattress stitch to sew up the seams of the heart.
- **Yarn choice** - Any DK yarn/ Lightweight 03 yarn will be ok to use for this project. Stash busting your leftovers is great as you need less than 10g per heart.

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Yarn

- Leftovers from your yarn stash - less than 10g per heart of any DK yarn.
- I used leftover cotton - Rico Creative Cotton.

Needles

- Pair of 4mm (US 6) knitting needles.

Notions

- Scissors
- Darning needle
- Stitch holder

Other Materials

- Fiberfil / stuffing

Abbreviations

- k - Knit
- k2tog - Knit the next two stitches together
- KFB - Knit into the front and back of the stitch (increase)
- p - Purl
- rep - Repeat
- st(s) - Stitches
- st st - Stocking stitch
- p2tog - Purl the next two stitches together

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Make 2 pieces for one heart.

- Cast on 2 sts
- Rows 1-2 – St, st, start with a knit row.
- Row 3 – KFB at beg and end of the row.
- Row 4 – Purl.
- Row 5 – KFB at beg and end of the row.
- Row 6 – Purl.
- Row 7 – KFB at beg and end of the row.
- Row 8 – Purl.
- Row 9 – KFB at beg and end of the row.
- Row 10 – Purl.
- Row 11 – KFB at beg and end of the row.
- Row 12 – 14 – Continue in st, st.
- Row 15 – KFB at beg and end of the row.
- Row 16 – 18 – Cont in st, st.
- Row 19 – Repeat row 15.

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- Row 20 – Purl the first 8 sts, turn and continue working on these 8 sts. Transfer the other 8 sts to a stitch holder.
- Row 21 – *K2tog, K4, K2tog.
- Row 22 – Purl.
- Row 23 – K2tog, K2, K2tog.
- Row 24 – Purl.
- Row 25 – K2tog, K2tog.
- Row 26 – P2tog.
- Break yarn leaving a long end.
- Thread through the last stitch on the needle*.
- Transfer the 8 sts from the stitch holder onto the needle and repeat from * to *.

Making Up

- Lay the two pieces with the right sides facing out (the wrong sides touching on the inside).
- Sew the side edge of the heart going up over the top of the heart and back down to the other side.
- Leave a gap and stuff firmly.
- Stitch up the gap and weave in any loose ends.

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