

Knitting Basics 101

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What you'll need to start

- ☐ Medium-weight yarn/ Bulky-weight yarn
- ☐ Knitting needles to match your yarn
- ☐ Scissors
- ☐ Tape measure
- ☐ Tapestry needle
- ☐ Stitch markers (optional)
- ☐ Row counter (optional)

Best Yarn For Beginners

Option 1: Worsted / Aran weight yarn

Option 2: Bulky / Chunky weight yarn

Best fiber choices: acrylic, cotton, wool.
Avoid at first: Fluffy yarn, very dark yarn, slippery yarn, very thin yarn.

Best Needles For Beginners

- 4.5 mm–5.5 mm / US 7–US 9 knitting needles for worsted-weight yarn
- 6.5 mm–9 mm / US 10.5–13 knitting needles for bulky-weight yarn

Straight needles are simple for practice. Bamboo or wooden needles are good for beginners because the stitches do not slide off as easily.

Must-Know Knitting Basics for Beginners

Yarn weights - [click here](#)

Knitting needles - [click here](#)

Essential knitting tools - [click here](#)

Knitting abbreviations - [click here](#)

How to read a pattern - [click here](#)



Tip For Beginners

Start small, choose a light-colored yarn, and don't worry if your first stitches look uneven. Every knitter starts there.

Tutorials



Cast on

Copy-paste the link to your browser
<https://www.handylittleme.com/how-to-cast-on-knitting/>



Knit Stitch

Copy-paste the link to your browser
<https://www.handylittleme.com/how-to-knit-the-garter-stitch/>



Purl Stitch

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<https://www.handylittleme.com/how-to-knit-the-purl-stitch/>



Cast off

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<https://www.handylittleme.com/how-to-cast-off-knitting/>



Easy Beginner Projects



Dishcloth

Made with basic stitches, garter stitch, stocking stitch, and moss stitch. You will need 50g worsted-weight yarn and 4.5mm (US 7) knitting needles.



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<https://www.handylittleme.com/dishcloth-knitting-patterns/>



Headband

Made with knit and purl stitches. You will need 50 g of bulky-weight yarn and 6 mm (US 10) knitting needles. Video tutorial included.



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<https://www.handylittleme.com/how-to-knit-a-twist-headband/>

For more **beginner-friendly projects**, visit our blog [here](#).